



Tired of Living with that Awful Pain in the Neck?



By Brett Gottlieb, D.C.

So you think you've tried it all—heating pads, over-the-counter pain relievers, prescription pain medications, muscle relaxants, deep tissue massage, physical therapy, and acupuncture.

You've been to neurologists, pain management doctors, orthopedists, physical therapists, trainers, and traditional chiropractors. Some may have even recommended surgery as the last resort!

And...after all that...you still have that pain in your neck!

Maybe the pain is the result of whiplash from an auto accident, a fall, lifting too heavy an object, or a sports injury.

It doesn't really matter...bottom line...there is an alternative and you owe it to yourself to be informed.

Upper Cervical care uses a highly advanced spinal correction procedure that repositions the weight of the head over the center of the neck to remove nerve compression and restore balance to the body.

This procedure applies a controlled adjustment to the first vertebra of the spine, commonly called the Atlas. The effects of this single adjustment influence the entire spine and nervous system and allow the head, neck, spine and pelvis to return to their proper positions, restoring balance in the body.


Upper Cervical care has been shown to be effective in relieving the cause of your neck pain that may be leading to other problems as well, such as tingling sensations, sleep disturbances, poor posture, depression, inability

to turn your head, shoulder stiffness and similar symptoms that interfere with your ability to cope with the activities of everyday living.

Using several different diagnostic tools, the Upper Cervical procedure is able to locate, with pinpoint accuracy, the exact placement and severity of your spinal misalignment. Then, through a series of adjustments, the Upper Cervical procedure restores proper spinal alignment and takes the pressure off pinched nerves, returning them to a normal state of health. Using very precise diagnostic tools allows us to confirm that the proper correction has been made.

As a unique and gentle approach to spinal care, Upper Cervical care has shown impressive results in many different research studies on many different conditions that affect the body. It is a different approach to chiropractic care because there is not any cracking, popping noise or twisting. After working on a patient's nervous system and alleviating any disturbance that is present, the body returns to health and heals on its own.

Even if you have tried everything else please make a last appointment at my office and give me the opportunity to finally rid you of that awful pain in your neck!

Make an appointment at my office by 9/15/2009 and you will receive a free consultation and examination. If I determine that I can help your condition I will give you a 30 percent discount on all x-rays and treatments that are required to get you well again. Please call our office at 916-965-7155 today. Just mention that heard about Dr. Gottlieb from Health and Fitness Magazine to receive this offer. 

Get Your Life Back!

Upper Cervical Care is one of the fastest growing forms of natural healing in America. It is a form of chiropractic that focuses on the intimate relationship between the first two bones in the neck. It has helped with a variety of conditions including:

- Fibromyalgia
- Seizure Disorders
- Lower Back Pain
- Allergies
- Migraine Headaches
- Trigeminal Neuralgia
- Digestive Problems
- Arthritis
- Neck Pain
- Ear Infections
- ADD/ADHD
- Fatigue

Call Dr. Brett Gottlieb at (916) 965-7155 to schedule your **FREE CONSULTATION & EXAM** today!

Free Consultation & Exam
(Please mention this coupon when you make your appointment)



Upper Cervical
Chiropractic of Sacramento

Brett Gottlieb, DC

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